

Junioren-Jeugd\_Senioren circuit 1  
Bergschenhoek, 20-9-2020

Programmanr. 10  
20-9-2020 - 17:45

Dames, 400m vrije slag

Senioren Open  
Resultaten

rang	naam	vereniging	intijd		tijd		RT	
<b>Junioren 1 en 2</b>								
1.	Jasmijn Kamminga	Wvz	8:12.69		200802932		<b>6:02.38</b>	+0,82
	50m: 37.70	37.70	150m: 2:08.10	46.76	250m: 3:42.71	47.23	350m: 5:17.33	46.45
	100m: 1:21.34	43.64	200m: 2:55.48	47.38	300m: 4:30.88	48.17	400m: 6:02.38	45.05
<b>Junioren 3 en 4</b>								
1.	Myrthe Droogh	Wzk	NT		200604000		<b>5:48.26</b>	+0,88
	50m: 38.37	38.37	150m: 2:07.51	45.19	250m: 3:38.08	44.87	350m: 5:07.13	44.68
	100m: 1:22.32	43.95	200m: 2:53.21	45.70	300m: 4:22.45	44.37	400m: 5:48.26	41.13
<b>Senioren</b>								
1.	Suzanne Dorsman	D'elft	5:10.90		200303314		<b>5:12.92</b>	
	50m: 34.26	34.26	150m: 1:53.48	40.30	250m: 3:14.86	40.33	350m: 4:35.73	40.21
	100m: 1:13.18	38.92	200m: 2:34.53	41.05	300m: 3:55.52	40.66	400m: 5:12.92	37.19
2.	Anne Aarts	D'elft	5:38.06		199207942		<b>5:31.99</b>	+0,80
	50m: 37.10	37.10	150m: 2:00.60	42.40	250m: 3:26.01	42.53	350m: 4:50.86	42.59
	100m: 1:18.20	41.10	200m: 2:43.48	42.88	300m: 4:08.27	42.26	400m: 5:31.99	41.13